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**ST-01**

**User Manual**

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[sales@progressivedesk.com](mailto:sales@progressivedesk.com)



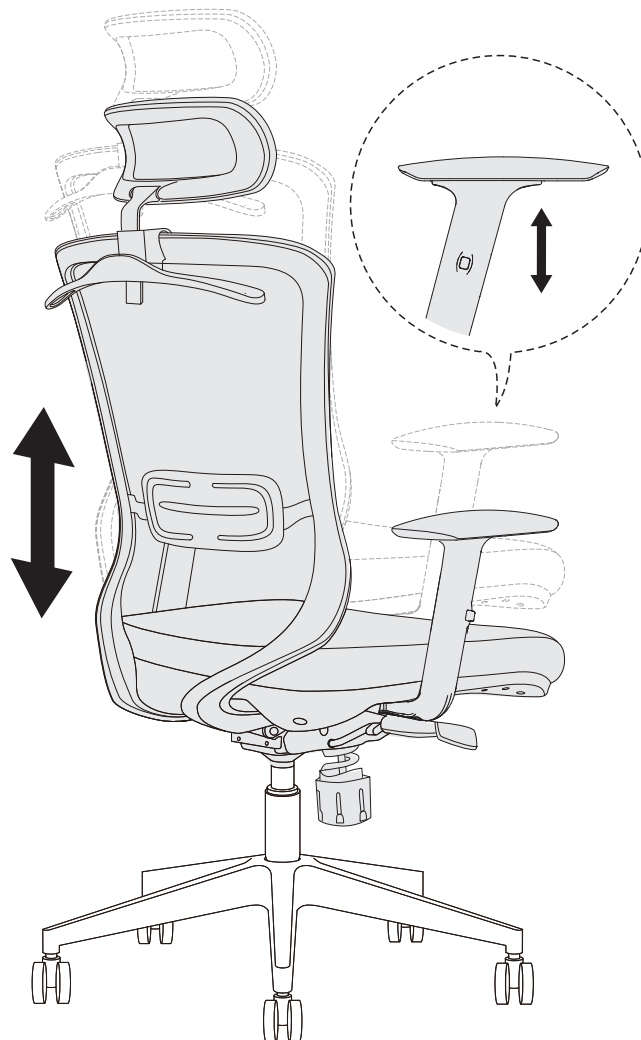
1-800-828-9414



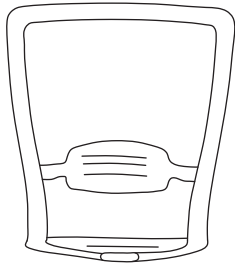
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# Specifications

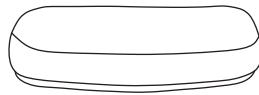
<b>Headrest Removable</b>	Yes
<b>Headrest Height Range</b>	2.4"
<b>Headrest Tilt Adjust</b>	Included
<b>Backrest Locking</b>	4 Positions
<b>Backrest Tension Control</b>	Included
<b>Recline Angle</b>	90° - 130°
<b>Lumbar Height</b>	Adjustable
<b>Seat Height Range</b>	17.3" - 21.3"
<b>Seat Width</b>	19.5"
<b>Seat Depth</b>	20.5"
<b>Armrest Height Range</b>	3.54"
<b>Product Weight</b>	28.7 lbs.
<b>Max Weight Capacity</b>	330 lbs.
<b>Chair Dimensions</b>	25.2" × 17.7" × 43.3" - 47.2"
<b>Caster Material</b>	Nylon
<b>Base Material</b>	Plastic
<b>Certifications</b>	BIFMA
<b>Additional Features</b>	Coat Hanger Hook



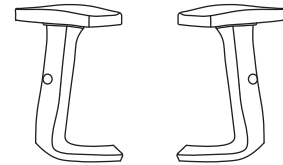
# Parts List



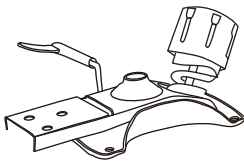
**A (x1)**  
Back



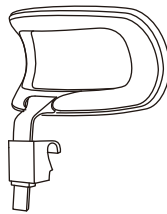
**B (x1)**  
Seat



**C (x1)**  
Armrests



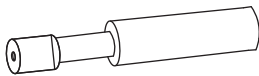
**D (x1)**  
Tilt Mechanism



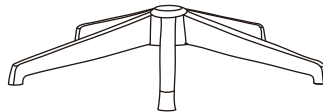
**E (x1)**  
Headrest



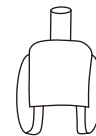
**F (x1)**  
Coat Hanger



**G (x1)**  
Gas Lift Cylinder



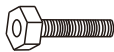
**H (x1)**  
Base



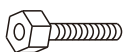
**I (x5)**  
Casters



**J (x6)**  
M6x35  
Screws



**K (x3)**  
M8x18  
Screws



**L (x4)**  
M6x30  
Screws



**M (x2)**  
Preinstalled  
Screws



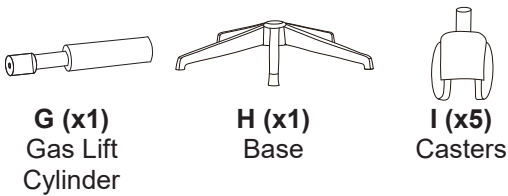
**N (x1)**  
5mm Hex  
Key



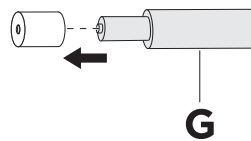
**O (x1)**  
Hex Key  
Screwdriver

# Assembly & Installation

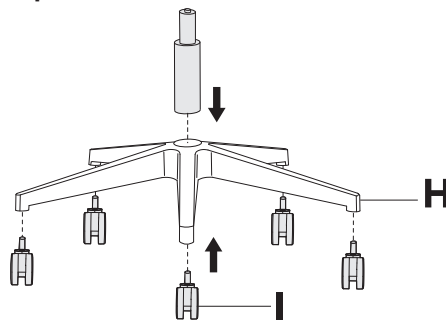
## Step 1: Assemble the Base



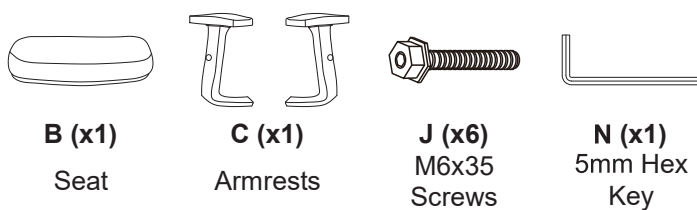
**Step 1A:** Remove the packaging cap from the Cylinder (G).



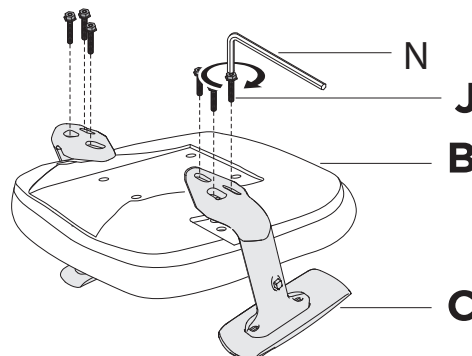
**Step 1B:** Firmly insert the 5x Casters (I) into the bottom of the Base (H), then insert the Gas Lift Cylinder (G) into the top of the Base (H) with the rod side up.



## Step 2: Attach the Armrests to the Seat



Align the Armrests (C) to the Seat (B) at the desired width. Screw in the Armrests using 6x M6x35 Screws (J). Tighten with the Hex Key (N).



### Step 3: Attach the Tilt Mechanism to the Back

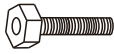
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**A (x1)**  
Back



**D (x1)**  
Tilt  
Mechanism

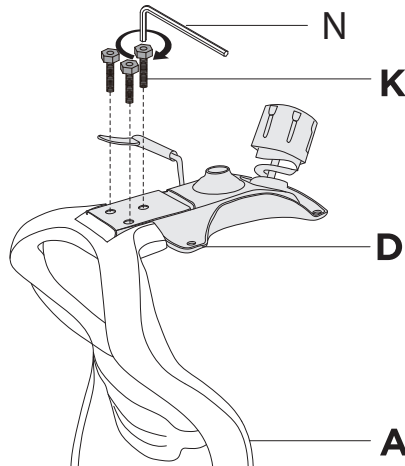


**K (x3)**  
M8x18  
Screws



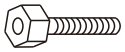
**N (x1)**  
5mm Hex  
Key

Attach the Tilt Mechanism (D) to the Back (A) using 3x M8x18 Screws (K). Tighten with the 5mm Hex Key (N).



### Step 4: Attach the Tilt Mechanism to the Seat

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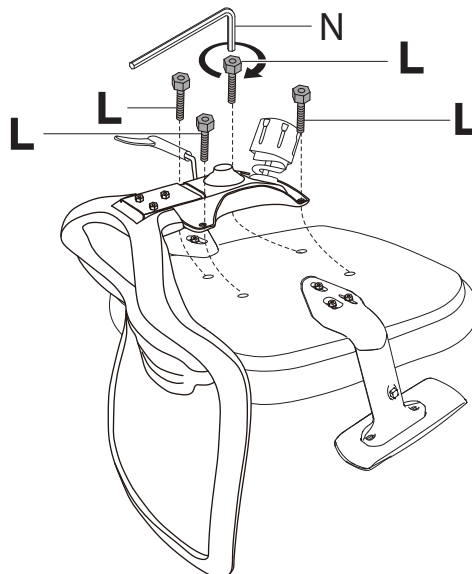


**L (x4)**  
M6x30  
Screws



**N (x1)**  
5mm Hex  
Key

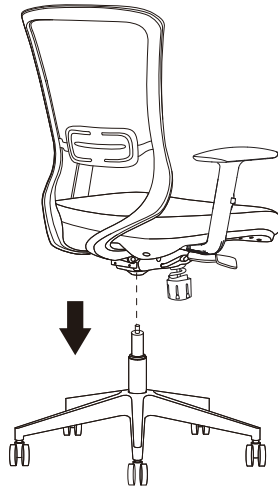
Attach the Tilt Mechanism (D) to the Seat (B) using 4x M6x30 Screws (L). Tighten with the 5mm Hex Key (N).



## Step 5: Attach the Tilt Mechanism to the Gas Lift Cylinder

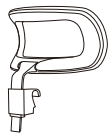
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Line up the hole on the Tilt Mechanism to the Gas Lift Cylinder and attach the two parts together. Ensure that it is properly attached by applying weight on the Seat.



## Step 6: Attach the Headrest and Coat Hanger

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**E (x1)**  
Headrest



**F (x1)**  
Coat Hanger



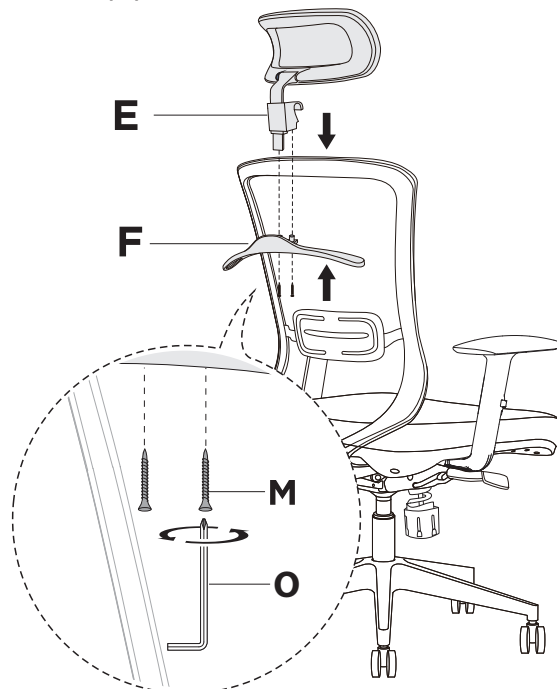
**M (x2)**  
Preinstalled  
Screws



**O (x1)**  
Hex Key  
Screwdriver

**Step 6A: Unscrew the Preinstalled Screws (M) from the Headrest (E).**

**Step 6B: Attach the Headrest (E) and Coat Hanger (F) to the top of the Backrest using the 2x Preinstalled Screws (M). Tighten with the Hex Key Screwdriver (O).**



# Adjustability

## Seat Height

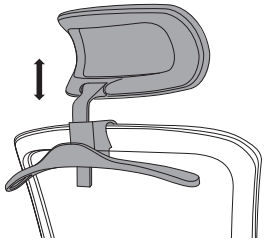
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Raise the seat height by pulling up on the lever with no weight applied on the seat. Lower the seat height by sitting in the chair and pulling up on the lever.

## Headrest

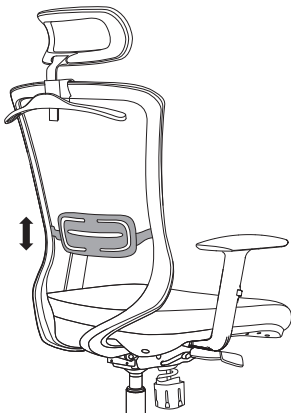
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Adjust the headrest height and tilt angle to the desired position by applying pressure up or down.

## Lumbar

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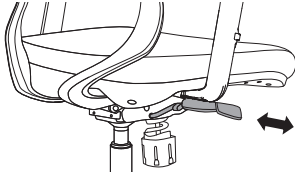


Position the lumbar support for optimal support by adjusting it up or down.



## Back Tilt Locking

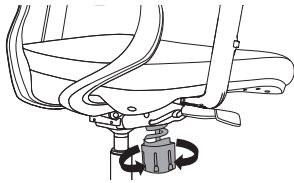
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Lock the back at 4 different positions by leaning to the desired location and pushing the lever in. Unlock the backrest by pulling out the lever.

## Backrest Tension

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Adjust the tension in the backrest by spinning the knob underneath the seat. Turn right to increase tension and turn left to decrease tension.



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